## Fair Trade Products – A Purchase That Does Good

## \* \* Regular Caffeinated Coffees \* \*

<b>Breakfast Blend – \$10.50</b> Blend of light & dark roasts with sparkling acidity & notes of floral, citrus & chocolate. Available in whole bean and ground
<b>Columbian – \$10.50</b> Balanced with light acidity; a distinctive coffee from co-operatives in Columbia. <b>1/</b>
<b>Ethiopian – \$10.50</b> A complex coffee with heavy body, gentle acidity & hints of vanilla, black pepper & raspberry. <b>1/</b>
Mind, Body & Soul – \$10.50 Medium & Vienna roast blend; flavors of chocolate & spice from Mexican coffees. 1/
Love Buzz – \$10.50 Blend of Full City & French Roasts; dark & velvety smooth; a smorgasbord of roasts of Latin American beans. <u>Available in whole bean and ground</u>
French Roast – \$10.50 Rich & full-bodied! If this coffee was a dessert, it would be known as "death by chocolate"! Available in whole bean and ground
Midnight Sun – \$10.50 Intensely dark blend balanced & delicious with rich chocolate fudge and a syrupy mouthfeel!
Congo - \$13.50 An inspirational blend of East African Coffees that is smooth & balanced, with rich chocolate, sweet vanilla, brown spices and a hint of fresh berry. Whole bean only.
<b> Sisters' Blend - \$11.50</b> This full city roast has sweet flavor notes of dark chocolate, dried fruit and vanilla; full flavored, smooth & not bitter. It honors women coffee growers & those seeking social justice. <u>Drip grind only.</u>
* * Decaffeinated Coffees * *
<b>Organic Decaf – \$12.00</b> This decaf has all the richness of our Organic Breakfast Blend - a full-bodied coffee with a sweet nutty and vanilla flavor. <u>Available in whole bean and ground</u> .
Organic French Roast Decaf – \$12.00 This decaf has all the richness of a dark roast without any harsh bitter flavors. Dark & balanced with tasting notes of molasses & bittersweet chocolate. No added flavoring
Flavored HazeInut Decaf – \$12.50 Aromatic, nutty & light with rich hazeInut flavor
* * Flavored Coffees * *
Flavored HazeInut – \$11.00 Aromatic, nutty & light with rich hazeInut flavor
Flavored Toffee Caramel – \$11.00 Two delicious flavors combined to produce a candy-like sweetness & a buttery finish
* * K-cups * *
<b>Breakfast Blend – \$9.50</b> A classic, balanced blend that's slightly sweet with a creamy mouthfeel
<b>French Roast \$9.50</b> Chocolaty richness and subtle smoky flavor
Unwind Decaf – \$9.50 A full-bodied decaffeinated blend with a sweet, nutty and vanilla flavor
* * Regular Tea * *
<b>Earl Grey– \$4.75</b> Made from the finest tips and buds of pekoe tea, grown by small-scale growers in Darjeeling, India. This tea is infused with natural bergamot oil to create a light fragrant cup.
<b>Green Tea – \$4.75</b> A healthful and invigorating tea made from premium unfermented Darjeeling tea cultivated by small-scale growers in India.
<b>English Breakfast Tea – \$4.75</b> This malty, full-bodied cup is a blend of black teas from Sri Lanka and India. A morning tradition, add a splash of milk and sweeten for a truly English experience.
* * Decaffeinated Tea * *
<b> Ginger – \$4.75</b> This pure ginger tea is naturally caffeine free. It is sweet & rich in flavor with a warming, peppery ginger finish. Drink to sooth, de-stress or re-energize mind & body alike.
<b>Peppermint Decaf – \$4.75</b> Restore yourself with the invigorating aroma & flavor of peppermint. Cooling & sparkly.
Vanilla Rooibos – \$4.75 Sweet, inviting vanilla accents this red bush tea from South Africa. Like dessert in a cup.
1/ These coffees are also available in whole bean; you can buy a case of six at a small savings.

## These Chocolate Bars are \$3.25

**Organic Milk Chocolate (43% Cacao)** More chocolate flavor with caramelized sugar notes blended with creamy milk for a sweet treat. Soy & gluten-free

**Organic Lemon Ginger Dark Chocolate with Black Pepper (55% Cacao)** Sweet and citrusy, the surprising combination of lemon and ginger with dark chocolate is well balanced and refreshing. The bar finishes with a hint of black pepper, rounding out the spiciness of the ginger. *Vegan, soy- & gluten-free.* 

Organic Dark Chocolate Caramel Crunch with Sea Salt (55% Cacao) Satisfy both your sweet & salty cravings. Crunchy caramel bits serve as the perfect complement to mouthwatering sea salt crystals. Soy and gluten-free.

\_ Organic Dark Chocolate Orange (65% Cacao) This mouth-watering bar is a blend of smooth dark chocolate and ripe, refreshing orange - the bright citrus taste will satisfy your cravings for something sweet and fruity. *Vegan, soy & gluten-free*.

Organic Mint Chocolate with a Delicate Crunch (67% Cacao) The crunchy mint chocolate experience you have been waiting for – an ideal balance of rich, dark chocolate and light, refreshing mint. Vegan, soy & gluten-free.

\_\_\_\_ Organic Very Dark Chocolate (71% Cacao) A delicious, rich dark chocolate experience. Vegan, soy & gluten-free.

**Organic Panama** Extra Dark Chocolate (80% Cacao) This bar is perfectly balanced in a way that allows the true chocolate flavor of the Panamanian beans come through. *Vegan, soy & gluten-free*.

\_ Organic Total Eclipse Dark Chocolate (92% Cacao) Intensely dark but approachable, this 92% chocolate bar featuring beans from Togo is smooth and chocolate forward, with hints of nutty flavor. *Vegan, soy- and gluten-free*.

## Introducing a 25% Larger Bar for \$4.00

**Organic Dark Chocolate Whole Almond with Sea Salt (55% Cacao)** An even more luxurious and satisfying version of a classic combination, this whole almond and sea salt bar balances fudgey chocolate with a handful of lightly toasted whole almonds and sea salt. Vegan, soy and gluten-free.

Organic Hot Cocoa Mix - \$7.50 Rich chocolate flavor you will love. Milk already in the mix! This product helps farmers in 3 countries - - cocoa from small farmers in Dominican Republic, sugar from Paraguay, & milk from U.S. dairy cooperatives. Find out for yourself why so many people say this is the BEST cocoa they have ever had!

Organic Dark Hot Chocolate Mix - \$7.50 No milk in it! Get ready for a treat: this dark and indulgent hot cocoa features real ground chocolate in the mix!

These are <u>some</u> of our Men's Group projects funded by Fair Trade sales. All profits go to local, national, and international missions and causes. We appreciate your support!

--for a Bolivian Methodist Church: put concrete floors in a hospital; provide children's Sunday School books and materials; provide salary support for nurses and pastors; provide basic transportation for church pastors; and assist with a minister's wife's medical expenses.

--provide scholarships for children to attend New Day Camp for children with incarcerated parents.

--provide a wheelchair ramp for a disabled person here in Oklahoma City.

--donate to the Epworth Villa Benevolent Fund.

--provide meals to needy local families at Thanksgiving.

--provide meals & gifts to needy local families at Christmas.

- provide mosquito nets for the "Nothing but Nets" mosquito net project to help prevent malaria in Africa.
- -- help provide school supplies to a local elementary school for kids unable to buy their own.
- -- provide money to help an alternative high school recognize & encourage students doing a good job.
- -- help fund new flooring & buying basic necessities at Skyline Urban Ministries.
- -- provided funds to support work with local homeless.
- -- donated to Joe's Addiction where those with mental illness or addictions can find community and support.

- support United Methodist missionaries & mission work in Oklahoma, the United States, and throughout the world.

We sell the second Sunday morning of every month at our church (Quail Springs United Methodist,

14617 N. Penn) and the second Monday (11 – 1:30) at Epworth Villa located just north of the church. You may also order by contacting Dave at 405-443-7302 (if you call, please leave a voicemail) or fairtradeisright@gmail.com or call the church at 405-755-9477.

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